**UCD School of Nursing, Midwifery and Health Systems** 



### **Enhancing Person-Centred Care**





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What does person centered care mean for our team?



## What is person-centredness?

"...care that is respectful of and responsive to individual patient preferences, needs and values, ensuring that patient values guide all clinical decisions"

- Involving users of health and social services as equal partners in planning, developing and monitoring care
- Considering the person's point of view and being respectful
- Considering people's desires, values, family situations and social circumstances



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### **Person-Centredness Principles**

Change in behavior and mindset supported by a system

Appreciation and respect for unique contribution people make

Support persons to make informed decisions

Collaboration between person, their family and staff

Offering coordinated care, support or treatment

Offering personalized health and social care

Person is a partner in their own health care

Supporting people to recognize and build on strengths, preferences

Affording people dignity, respect and compassion



### The Ladder of Engagement and Participation

Placing decision-making in the hands of the community and individuals

Working in partnership with communities and patients in every aspect of the decision including development of alternatives and identification of the preferred solution

Working directly with community and patients to ensure concerns and aspirations are constantly understood and considered

Obtaining community and individual feedback on analysis, alternatives and/or decisions

Providing communities and individuals with balanced and objective information to assist them in understanding problems, alternatives opportunities and solutions

Devolving

Collaborating

**Involving** 

Consulting

Informing

Co-Lead

## Patient Engagement Continuum

**Levels of Engagement** Consultation **Involvement Partnership& Shared Leadership** Treatment decisions based Patients receive Patients are asked about on patient preferences, **Direct Care** information about a their preference in medical evidence & clinical diagnosis treatment plans judgement Organization surveys Hospitals involve patients Organizational Patients Co-lead hospital patients about their care as advisors or advisory design & safety and quality experience council members governance improvement committees Patient recommendations Patient representation on **Public Agency conducts** about research priorities committee that decides focus groups with patients **Policy Making** used by public agency to how to allocate resources to ask their opinion make funding decisions to health programmes Factors Influencing engagement: Patient: (beliefs, culture, health literacy, education)

European Respiratory Society. Commentary on "Engagement as an Element of Safe Inpatient Psychiatric Environments": Engagement Is Psychiatric-Mental Health Nursing - Scientific Figure on ResearchGate. Available from: https://www.researchgate.net/A-multidimensional-framework-for-patient-and-family-engagement-in-health-and-health-care\_fig1\_279990712

Organization: (policies, Culture, procedures) Society: (Social norms, regulations, policy)



### Partnership & Shared Leadership

What can we do as a team for developing a partnership and shared leadership with the patients

Partnership & Shared Leadership

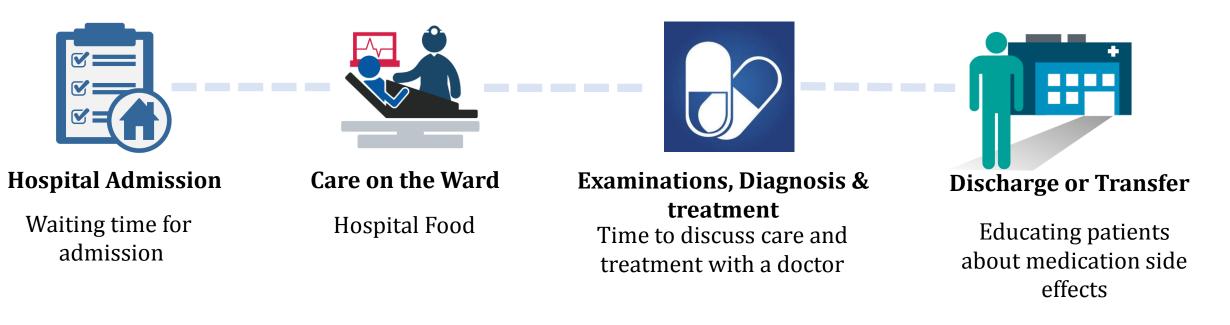
Involvement

Consultation



## The Irish Context: Patient Experience Survey 2017

#### **Lowest Rated Areas**

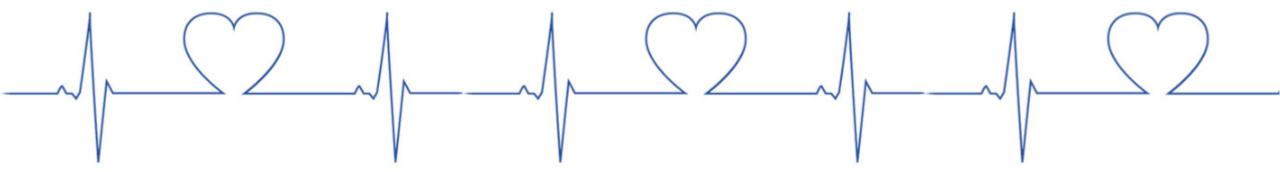




## **Improving the Patient Experience**

What are the lowest rated areas for our hospital?

What can we do as a team, to improve these lowest rated areas?



## **Encouraging Person Centred Thinking**



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What are the top 3 questions I should ask myself to be more person centred?

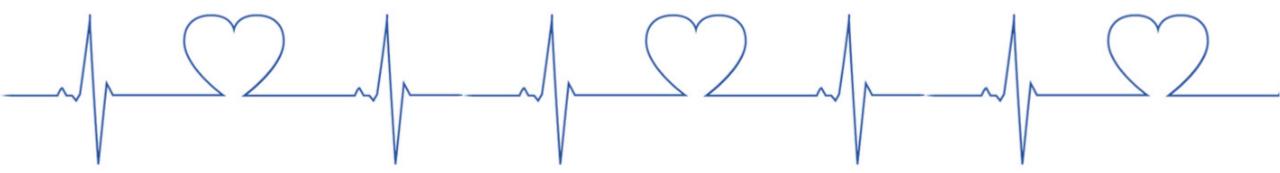
What are the top 3 questions
I should encourage the
patient to ask me to become
more person centred?



Discussing person-centered stories in weekly debrief meetings

Asking volunteers to share the top thing they did to encourage person centeredness during the past week

Using patient feedback such as thank you letters to share the story with the rest of the team



**Activity: Emotional Journey Map** 

# **Emotional State**

**Arrival** Registration

Waiting

Consultation

Lab tests

**Pharmacy** 

Departure

#### **Stressed**





Relaxed







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### **Outcomes**

Individuals are empowered and treated with dignity

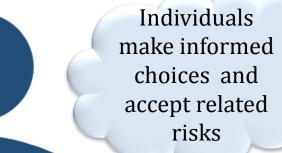
Care and support plans are focused on the long term goal and lifestyle

Family engagement

Transparent and clear processes

Differences recognised and respected

Patients viewed as equal and active partners



Positive and solution focused attitude

Privacy is respected

Co-Lead



### **Session outcomes?**

What can we start doing as a team to become more person-centred?