

Collaboration: finding a common ground

- ▶ Building trust, finding a common ground, working and creating solutions together.
- ▶ Credible and responsive communication (common vocabulary); know the **context** (system) and the 'audience'.
- ▶ Shared purpose and agenda that people see as adding value to the service and to individual practices; being clear on the problem you want to address; define and redefine the brief.
- ▶ In-depth understanding of the nature and culture/subcultures within the service or organisation.
- ▶ Safe environment for different perspectives to come together as equals – service users, citizens, multiple disciplines, groups.
- ▶ Taking responsibility to lead the co-design process; clarity on responsibilities of all parties involved; every participant has a personal interest at stake.

Organisation: creating commitment

- ▶ **Human-centred design** core to organisational policy – the way we do things. Support from management, connection to the overall strategic goals of the organisation and connection to people's everyday work and practices.
- ▶ Allocation of time, resources and funding for co-design.
- ▶ Meaningful personal role in co-design and benefit/relevance to one's own work (clinical, practice).

Processes: integrated, connected and joined up

- ▶ Finding where co-design truly adds value; using it to realise ideas, support innovation and design beyond traditional solutions.
- ▶ Integration and embed with the core business/service needs and other initiatives and developments; needs to be enabled by other organisational processes (ICT, procurement, e-health).

- ▶ Coordination and timing of co-design.
- ▶ Continuity beyond single projects; development support that is sustained over time.
- ▶ **E-health and technology**: used to maximise human-centred design through sharing information, connecting activity, innovating clinical practice and driving behaviour change.

Implementation: making an impact

- ▶ Translating the outcomes to add value and meaning.
- ▶ Building capacity (and not dependency) for co-design, to sustain the process and add credibility; build service design as a core competency for people in development roles; develop methods and practices for facilitating actual collaboration between stakeholders. Access design support – process mapping expertise, design and measurement skills and seek external assistance to assure the process.
- ▶ Building on good practice, existing networks, test sites, pilots or prototyping.
- ▶ Focus on changing behaviours and address issues with a more holistic perspective.

Methods: building co-design practice and capability

- ▶ Integration and connection of co-design methods into existing work flows or service improvement/quality projects.
- ▶ Effective, well-focused and well-prepared design methods, facilitation and reporting (shift from talking to doing); employing participatory design techniques.
- ▶ Open and flexible methods, scalable to different situations.
- ▶ Transfer of skills and facilitator training; use of portable toolkits and methodologies.

Adapted from: Pirinen, A. (2016)

People's Needs Defining Change – Health Services Change Guide